

## OPTIMISTIC

Synonyms: cheerful, hopeful, lighthearted, upbeat, chipper, happy-go-lucky

She has a bright, upbeat manner and a cheerful spirit that doesn't allow her to stay down for long.

Dealing with disappointments head-on, she simply picks herself up and is soon ready, willing and able to get going again.

She doesn't bother looking backward and worrying about a past that cannot be changed, but sees each new day as full of promise and tries to learn from her mistakes.

Her optimistic outlook suggests someone who expects things to turn out well. She is very surprised when her expectations go unmet.

Your open attitude and optimistic approach make you easy to be around. Warmly enthusiastic and high spirited, you can do just about anything that you are interested in.

Always positive, always looking forward toward success, she never doubts that she will achieve her goals. It would leave her feeling personally shamed and humiliated if her office were not the top producer, so this is one person who can be counted on to keep the numbers up, whether she is the most popular boss or not.

His optimistic attitude helps him meet future obligations with hopeful expectations.

He tends to take flight in unrealistic optimism, which sets him up for hurt and anger.

A positive mental attitude guides him to expect the best possible outcome in every situation. Others are inspired by his spirit of optimism.

This is a lively, enthusiastic type of person who loves to smile and be happy. Even though she experiences a fairly wide range of emotional ups and downs, the darker moments don't last long and she is soon back on top of the world again.

Her sense of humor and ready smile make her easy to be around.

Outgoing and optimistic, you keep telling yourself that if you just hang in and keep smiling that things will be better tomorrow. Actually, that is a defense against the sense of depression that often threatens to overwhelm you. But you just try to ignore that and keep on going.

Even though you may be feeling depressed and afraid that your hopes and dreams are not going to be realized, you have a natural persistence that keeps you hanging on. You tell yourself that tomorrow has got to be better.

He has a hopeful, happy-go-lucky attitude that tells others he is positive that things will turn out well.

He is optimistic and feels enthusiastic about what he is doing. This adds emotional excitement and encourages the cooperation of others.

When there are dark clouds lurking over the office, she will try to ignore them. Upbeat and positive, she wants the clients to see and hear only grins and happy sounds from her department.