

MOODY

Synonyms: fickle, mercurial, changeable, unpredictable

We all have our share of quirks and blemishes, and yours peek through under the veil of occasional touchy moodiness.

Occasionally given to moodiness, there are some days when she just won't get along with anyone. Procrastinating and changing her mind every few minutes will put this writer at odds with just about everybody at one time or another.

One problem that may arise from time to time is her moody nature. Upbeat and positive one day, dejected the next, she can be rather unpredictable. As she tries to sort through her emotions, she gets confused and her efficiency suffers.

In frustrating situations, her mood may change suddenly and she is quite capable of showing some annoyance or even flashes of temper.

He will run hot then cold, so much so that one would be ill-advised to take him on face value at any given moment. Due to emotional influences of the moment, it might not be a good idea to trust his verbal assurances.

His bouts with moodiness and low self-esteem make it difficult for those who work around him.

Her emotions are constantly changing like a weather vane in the breeze. Getting in touch with her real feelings would enable her to control her moodiness.

Your feelings can be quickly aroused and add zest to your personality.

Subject to mood swings, you are also aware of the moods and feelings of the people around you.

At first sight you appear to be easygoing. Upon further observation, however, it becomes apparent that you fluctuate between letting the world in and closing the world out. This ambivalent running hot and cold causes inconsistent behavior.

Unpredictable shifts in emotion may disrupt the routine or leave

others feeling bewildered.