

## Kinesthetic Responses

### Neuromuscular Basis (Schachtel, 1950)

“If a person has the tendency to react with a certain typical attitude or striving to the world around him or to his own drives, then this attitude will also find expression in a neuromuscular set which could be described as the physical side of the attitude.” “....The neuromuscular set which is the physical aspect of a habitual lingering readiness to react in a certain way to the world and to oneself is at the basis of both the inadvertent, expressive movements and psychognomic expressions of people and their kinaesthetic responses....”

(Schachtel 1950, pp. 69-100)