## CONTROLLING

Synonyms: domineering, overpowering, oppressive, demanding

She generally controls whatever situation she is in, or she won't stay in it for long.

He is afraid that if he lets down his guard, which he sees as losing control, others might guess that he is not as confident as he would have them believe.

His need to stay in control can make him seem nit-picky, as he will defend his point of view until the other party gives up. Because he always has a good reason for doing something, he really can't lose in an argument!

Coming on like a gale force wind, she takes over without a second thought.

If only he felt more lovable, perhaps he would not have such a strong need to bind others to him. He needs to learn the truth in the old axiom that can be applied to friendship, "let it go, if it comes back it is yours to keep; if it doesn't, it was never yours to begin with."

Although you don't mean to be controlling, you may find that you alienate others away by your strong need to be right.

Because you often have the right answers, it is sometimes too easy for you to make decisions without considering what others want. It is important for you to really listen to what the people close to you are saying so as to understand their needs and desires.

She would rather position herself at the center of activity and have control over many and varied issues.

It is her basic sense of insecurity that impels her to try and keep control over those closest to her. Unfortunately, because people generally don't enjoy being controlled, her behavior tends to have the opposite effect than she desired, pushing others away, rather than making them love her.

Is your inclination towards intolerance of other people's ideas and actions a reluctance to give up control and/or a protective device to save your image?

Try to be less demanding and more accepting of those close to you. Cherish them as they are and you will see them blossom.

Because she likes to be in control of the situation at all times, it is important that those who work with her are flexible when she is not.

She can be extremely demanding. Employees may complain that they only time they hear from her is when there is a problem. Because she simply expects people to do a good job, she sometimes forgets to tell them they are doing well.