APPRECIATION, NEED FOR

Synonyms: Admiration, esteem, respect, regard

There is nothing more discouraging to this individual than finding out that a superior hasn't noticed what she is doing. However, when she has the assurance that she is respected and esteemed, there is little that she won't do to maintain that level of regard.

Although she would never ask for it, she needs to hear that she is appreciated, so verbal approbation from her superiors is important to her continued efforts.

Above all, he has a strong need to feel that he is making an important contribution to the company. Beyond that, he wants to know they appreciate it.

You take the opinions of others seriously and appreciate knowing that you are not being taken for granted.

It hurts if you feel you are being treated with indifference.

People are an important part of your life and you focus on taking care of the needs of others. But for you to feel really good about yourself, you have to know that your efforts are appreciated.

When you feel ignored or unacknowledged, it really hurts.

A giving person, you enjoy having others around and tend to get bored when isolated for very long. Hearing someone verbalize their love makes you happy.

Finding ways to convince yourself that you are loved takes up quite a lot of time in your life.

The respect of those close to you is something that means more to you than gold.

When you do something nice for someone, their happy face is all the appreciation you need.

When you make the good opinion of other people so important, you may set yourself up for disappointment.